

Daily Home Care – Novaloc™/ Locator™ Abutments with Attachments

It is very important to clean the dental implants and removable prosthesis (denture) on a daily basis.

If you are using toothpaste, use only a small amount of low-abrasive toothpaste such as Dentu Creme® which is made for dentures. This will prevent scratching the abutments.

Your dental implants and dentures must be thoroughly cleaned daily to maintain oral health and to provide you with long-term success. It is recommended to follow a routine each time you clean your implants, bar and dentures, to ensure that all surfaces are cleaned.

Important areas to clean:

- Exposed implant and Abutment posts (the metal posts that are sticking out of your jaw)
- Areas around the gums
- The dentures
- The attachments inside of the implant denture

Annual Professional Cleaning

It is highly recommended that you have the implants and abutments professionally cleaned by a Dental Hygienist at least annually.

If you notice a build-up of white/yellow material (calculus) on the abutments or implants before the one-year mark, then you need to see a Dental Hygienist for an earlier cleaning.

The dentist/surgeon who placed your implants normally has a Dental Hygienist on staff who can complete this professional cleaning for you. If not, we would be happy to refer you to a Dental Hygienist.

For more information on implant cleaning, please visit: www.implantsforlife.com

Step-by-step guide

1. **Brushing the prosthesis**

Clean the prosthesis and its attachments carefully, including the underneath area, using a denture brush or a regular toothbrush. A power brush can be a good alternative and an easy-to-handle complement.



Other important areas to clean are the gum side of the prosthesis, where the attachment fits over the abutments.

2. **Brushing the Abutments**

Clean the gum side surface using a soft regular toothbrush. Additional attention should be paid to the abutment posts and the opening on the top of the Locator™. Ensure no food is stuck into the top opening.



Note: Never use a denture brush in your mouth.

Electric tooth brushes may be used, but do not press hard on the abutments or gum areas around the abutments and implants. A Waterpik™ also is useful for this type of cleaning.

3. **End-tufted brush**

A soft end-tufted brush (interspace brush) is suitable for cleaning the areas around the abutment posts and to remove food impacted into the top opening.

A Waterpik™ also is useful for this type of cleaning.

